

ISLAND SPA CATALINA, CALIFORNIA

Opened last November in historic Avalon, California, just a short ferry ride across the Pacific from Los Angeles, this is the only destination spa on Catalina Island. Its gorgeous water-view location enhances the ocean-themed indulgences. Book a 50-minute Seaweed Surrender detoxifying wrap (\$150) or tack on a Hot Sand Therapy to any 50- or 80-minute massage (\$50/\$80) in one of the nine treatment rooms or two private suites made for couples or girlfriend getaways. The roof deck overlooks the island's smile-shaped harbor and encourages lounging by the plunge pool, with a café where healthy bites and Champagne are served.

ISLANDSPACATALINA.COM



WINE SPA AT VIÑA VIK, CHILE

Two hours from Santiago in central Chile, on a patch of land known by the natives as Millahue, the "place of gold," Norwegian entrepreneur Alexander Vik founded a vineyard and winery, Viña Vik. That was back in 2006; last year it was supplemented by a stunning 22-room modernist hotel, crowned by an arcing silver roof, with an infinity pool overlooking the mountains and lake, and a spa specializing in treatments using the properties of grape seeds and vines. Soak in a 25-minute wine-and-grape bath (\$60), or pour it on with an 80-minute Signature Massage (\$150) that includes the wine soak followed by a soothing grapeseed oil rubdown. VINAVIK.COM



Top to bottom: Island Spa Catalina inside the historic El Encanto building; view of the vineyard at the Wine Spa at Viña Vik; private outdoor seating at Malliouhana Resort. Opposite: The outdoor terrace at the Island Spa Catalina

AUBERGE SPA MALLIOUHANA, ANGUILLA

Following a three-year closure and mega-million-dollar redesign, the resplendent and secluded Malliouhana Resort on the Caribbean island of Anguilla has recently reopened. Flowers and a meditation garden surround the signature spa sanctuary where treatments integrate island ingredients such as aloe and lemongrass. Sink into a 90-minute Coconut Dream Massage (\$225), or create a custom oil blend at the spa's Aroma Design Bar filled with essential oils including jasmine, sweet orange and ylang ylang. MALLIOUHANA.AUBERGERESORTS.COM



TOP AND OPPOSITE: DANIEL SOLOMON; BOTTOM AND PREVIOUS PAGE: JEAN-PIERRE PETER